

INSTRUCTIONS, INFORMATION & CONSENT FOR INTRAVENOUS SEDATION

INSTRUCTIONS (BEFORE & AFTER IV SEDATION)

- You **must** fast for at least 8 hours before sedation to ensure an empty stomach. This means that strictly no food or drink (including water, lozenges or gum) is to be taken for at least 6 hours before the sedation. **TO DO OTHERWISE MAY BE LIFE THREATENING.**
- Please wear comfortable, loose fitting clothing to allow access to your arms for an IV line and for monitoring of your blood pressure & heart. Remove any jewelry, makeup, nail polish and contact lenses.
- If you take any medications please discuss them with my doctor. Usually any regular medications are taken as normal with only a small sip of water on the morning of sedation, whereas some medications will need to be altered or skipped depending on the medical condition and the procedure.
- After the treatment, you **must** be taken home and be escorted by a responsible adult who will spend the rest of the day (and night) watching you at home. This person must present with you to the surgery on the day of sedation and be available at the surgery or on the phone.
- You cannot go home on public transport or by walking, and you cannot go home without someone who is responsible for your care for the remainder of the day.
- You must not operate machinery or potentially harmful equipment (including kitchen utensils) for the rest of the day. You must not make any important decisions or sign any important documents for the rest of the day.
- Do not drink alcohol or use any recreational drugs for at least 48 hours before and after the sedation.
- If you have a cold, flu or respiratory infection, you must tell us as soon as possible as you may need to be re-appointed you to another day.
- You must advise us of any changes to your medical history, including any new pills or medications, or any allergies.
- Please be on time for your appointment.
- Remove contact lenses. Remove fingernail polish and/or artificial nails on at least one finger.
- **WOMEN ONLY:** Patients who are breast feeding need to prepare for feedings post appointment; pump and discard for a minimum of 24 hrs after being sedated.

FURTHER INFORMATION

Intravenous sedation makes lengthy or complex dental or oral surgical treatment comfortable and easy for you. It removes anxiety, stress, discomfort, memory, time and awareness from the procedure. You enjoy a relaxing and pleasant sleep whilst you maintain your ability to breathe for yourself, maintain your protective reflexes and your ability to respond verbally to us if required. You will still be administered local anesthetic in your mouth after you are sedated. Following your procedure you will be afforded appropriate monitored recovery time in the surgery or recovery area until you are ready to be discharged.

Our practice is specially equipped and qualified for IV Sedation treatments, the safe monitoring of sedated patients and for managing sedated patients and medical emergencies.

As with any anesthetic procedure IV Sedation is not without risk. The risks associated with IV sedation include, but are not limited to:

1. Discomfort, swelling or bruising at the site where the drugs are placed into a vein, which may include vein irritation, called phlebitis. Sometimes this may progress to a level of discomfort where arm or hand motion may be restricted. Further medication or care may be required, which may require hospitalization.
2. Cardiovascular/respiratory compromise leading to cardiac arrest, brain damage ,stroke, heart attack, coma or death
3. Nausea and vomiting related to the IV medications
4. Allergic reactions (previously unknown) to any of the medications used

Sedation is intended to make your dental treatment a comfortable experience. It is suitable for most people, but if you are not in good health or if you are taking medication, you need to let us know, so the sedation can be modified to suit your needs. These instructions are so important that failure to observe them will automatically result in cancellation of your treatment that day. IV Conscious Sedation affects everyone in a different manner

To ensure your safety, intravenous sedation in the dental practice setting should be administered by a suitably qualified medical or dental practitioner. My doctor has arranged for a dental anesthesia service to perform the IV sedation part of your treatment. The provider is a nurse anesthetist that is licensed and certified to perform IV sedations in a dental setting. All questions pertinent to this sedation can be directed to my doctor.

FEES, PAYMENT & CANCELLATION POLICY

A non-refundable deposit may be required to book your sedation and treatment time, depending on the duration of the appointment. Sedation bookings are often lengthy and are exclusively set aside for you by our practice. For this reason if you miss your appointment, or cancel without a minimum of 48 hours notice, you will incur a cancellation fee of \$200

CONSENT

I CERTIFY THAT I HAVE READ AND FULLY UNDERSTAND THIS DOCUMENT: INSTRUCTIONS, INFORMATION & CONSENT FOR INTRAVENOUS (IV) SEDATION (2 pages) AND CONSENT TO INTRAVENOUS SEDATION FOR MY PROCEDURE

Patient's (or Legal Guardian's) Signature

Date

Witness' Signature

Date