

ORAL SEDATION INFORMATION AND CONSENT

Triazolam (Halcion), although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety that may be associated with going to the dentist. In a relaxed state you will still be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective, and wears off rapidly after the dental visit, you should be aware of some important precautions and consideration.

1. **This consent form and the dental treatment consent form must be reviewed and signed before you take the medication. They are invalid if you sign after you take the medication.**
2. The onset of Triazolam is 15 to 30 minutes. Do not drive after you have taken the medication. The peak effect occurs between 1-2 hours. After that it starts wearing off and most people feel normal after 6-8 hours. For safety reasons and because people react differently, you should not drive or operate machinery for the remainder of the day.
3. This medication should not be used if :
 - a. You are hypersensitive to benzodiazepines (Valium, Ativan, Versed, ect.)
 - b. You are pregnant or breast feeding
 - c. You have a liver or kidney disease
4. You must have a personal friend or family member drive you to and from your appointment and be able to stay with you at home for several hours after your procedure. You cannot take public transportation (bus, train, taxi, uber, lyft, etc.) to or from your appointment.

Tell the doctor if you are taking the following medications as they can adversely interact with the Triazolam ; Nefazidibe (Serzone); Cimetidine (Tagamet, Tagamet HB, Novocimetine, or Peptol); Levodopa (Dopar or Larodopa) for Parkinson's disease; Antihistamines (such as Benadryl and Tavist); Verapamil (Calan); Diltiazem(Cardizem); erythromycin and the azole antimycotics (Nizoral, Biaxin, or Sporanox); HIV drugs Indinavir and Nelfinovir, and alcohol .Of course, taking recreational/illicit drugs can also cause untoward reactions.

5. Smokers will probably notice a decrease in the medications ability to achieve desired results.
6. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food such as juice, toast, etc. Taking it with too much food can make absorption in your system unpredictable.
7. On the way home from the appointment, your seat in the car should be reclined position. When at home, lie down with your head slightly elevated. Someone must stay with you for several hours because of the possibility of injury from falling.

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8. Do not take prescription pain pills (Norco, Vicodin, Tramadol, Percocet etc.) the same day as the Triazolam (Halcion).

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them all answered to my satisfaction.

Patient's (or Legal Guardian's) Signature

Date

Witness' Signature

Date